

PEACHGROVE INTERMEDIATE SCHOOL

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Helen Te Kiri
ACTING PRINCIPAL

Counselling Service 2019 Information for Parents/Caregivers

Peachgrove is proud to be able to provide part-time counsellors. Leaders of Learning are responsible for coordinating and overseeing the counselling service. Leaders of Learning can be contacted via the school landline 855 7596. Please don't hesitate to get in touch if you have any questions or would like any further information.

Counselling

Counselling is made available at Peachgrove through a partnership with Te Ahurei a Rangatahi, a free community-based youth health promotion and education organisation. Te Ahurei also works with Wintec to provide placements in schools for student counsellors completing a Bachelor of Counselling degree.

This counselling service is confidential and available to all students. The referral process can be initiated by any school adult (in consultation with the parent/caregiver and student), a parent/caregiver or the student him or herself. The referral information is shared only with the counsellor and Leader of Learning.

This year we are fortunate to have two student counsellors: Bronwyn Cameron and Sharee Macnee.

- Bronwyn is a second year Bachelor of Counselling student at WINTEC.
- She will be in school on Wednesdays.
- Bronwyn has created a self-disclosure statement which is a tool that explains her style of counselling and other important information she feels you should know. Your child will bring this home, along with an introductory letter.
- This is how Bronwyn describes her "idea of counselling":

*I understand that speaking about what is troubling us can be difficult. I am here to work alongside you to support you in learning about yourself. To take time in exploring any issues you want to speak about, and to build on the strengths and tools you already have, while introducing new ones to help you manage any difficulties you are facing. You choose how much information you share with me and our time together is in a safe, calm and private space. **I look forward to being a part of this therapeutic journey with you and your Whanau.***

- Sharee is a second year Bachelor of Counselling student from WINTEC.
- She will be in school on Thursdays.
- Sharee has created a self-disclosure statement, which is a tool that explains her style of counselling and other important information she feels you should know. Your child will bring this home, along with an introductory letter.
- This is how Sharee describes her counselling practice:

I know it takes a lot of courage to be able to open up and share your thoughts and feelings, my goal is to be able to create a comfortable and safe space where you will be able come and be your unique self and feel open to be able to discuss any concerns that may be on your mind. My counselling approach looks at everybody as an individual, with what they have experienced, how they feel and view the world, and at the end of the day they know themselves the best. I will be working beside you to to find out what is right for you and your own personal growth and understanding. Ngaa mihi